

HOW TO FIT YOUR COMPETITOR VEST

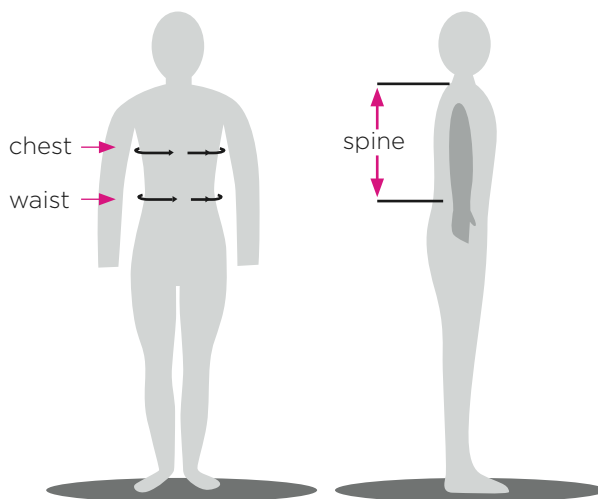
To ensure your Tipperary body protector offers the optimum level of protection, it is important that it fits correctly.

WHAT YOU NEED

- A soft fabric measure tape with inches or centimeters. Don't have one? You can download and [make your own here](#). All you need is a pair of scissors and clear tape.
- A friend to help.
- Wear a T-shirt.

HOW TO MEASURE

This vest requires measurements of the chest, waist and spine. Remember, the Competitor vest is designed to be adjustable.



Chest: Under the arms at the widest part across the chest.

Waist: At natural waist.

Spine: Measure from the base of the neck to where your belt would sit.

PUTTING ON YOUR VEST

- Each time you put on your Competitor vest, make sure all the Velcro® straps at the sides are loose to prevent undue stress on the zipper.
- Make sure the zipper is seated well and do it up.
- Adjust the straps to ensure a snug fit.

For more assistance, please contact:

Customer Care

T: 888.313.8842 toll free

T: 905.738.9944

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SIZE	CHEST		WAIST		SPINE	
	IN	CM	IN	CM	IN	CM
XS	28-30	71-76	24-26	61-66	14¼	36
S	32-34	81-86	28-30	71-76	15¾	40
M	36-38	91-97	32-34	81-86	17¼	44
L	40-42	102-107	36-38	91-97	18¾	48
XL	44-46	112-117	40-42	102-107	20¼	51



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